

2nd International Seminar of Budo Culture for Foreign Exchange Students and Embassy Staff Schedule

Friday March 6	Saturday March 7	Sunday March 8
	7:00	7:00
	Breakfast (Dining Room)	Breakfast (Dining Room)
	8:00	8:00
	Break / Move	Break / Move
	30	20
	9:00	9:00
	Instructor Demonstrations (Demonstrations 60 mins + Q&A 30 mins) (Large Dojo)	Budo Experience ☉ (40 mins inc. Q&A)
	10:00	15
	Break / Move	Break / Move
	15	55
	11:00	10
	Lecture ☉ "Budo and Zen" Hirai Shoshu (Lecture 30 mins + Practical 40 mins + Q&A 20 mins) (Move from Room 1 to Large Dojo)	Budo Experience ☉ (40 mins inc. Q&A)
	45	50
	12:00	11:00
	Lunch / Break (Dining Room)	Participant Presentations (60 mins) (Research Room 1)
12:00	40	12:00
Reception	50	15
	13:00	Closing Ceremony
	13:00	Disperse
	30	
Opening Ceremony (Research Room 1)	13:00	
	13:00	
	14:00	
	Lecture ☉ "Bunbu Ryodo" (Cultural and Martial Ways) -Challenging Calligraphy "Hitsuzendo"- Yokota Hiroatsu (Lecture 30 mins + Practical 40 mins + Q&A 20 mins) (Large Dojo)	
	30	
	45	
14:00	14:00	
Lecture ☉ "History and Attraction of Budo" Mifuji Yoshio (Lecture 60 mins + Q&A 20mins) (Research Room 1)	30	
	45	
15:00	15:00	
Break	25	
	40	
10	16:00	
25	20	
DVD Viewing "Japanese Budo" (Research Room 1)	35	
16:00	17:00	
10	15	
25	30	
Orientation (Research Room 1)	18:00	
Break / Move	10	
17:00	19:00	
5	20:00	
20	30	
Budo Experience ☉ (40 mins inc. Q&A)	Bath / Break	
Break / Move	19:00	
18:00	20:00	
Budo Experience ☉ (40 mins inc. Q&A)	Dinner (Dining Room)	
Bath / Break	Free Practice	
19:00	30	
Dinner (Dining Room)	Farewell Party (90 mins) (Dining Room)	
20:00	30	
Free Practice		

Katsuura Station Dep.
Sotobo Line
Timetable
13:26 To Chiba
14:21 To Chiba
14:36 Special Express to
Tokyo

※ Please note that the schedule may change due to unforeseen circumstances